

Menu Information: 790-6610  
 Office: 790-6600



## 2015 Lunch Menu

Vegetarian Option Available by prior arrangement with Chef  
 Please speak to the Chef before 10:00 am for  
 special dietary needs.

To Go Tickets Must Be Deposited At The Large Kitchen Window  
 Immediately After Purchase  
 Early Birds must be called in by 11:30 am

LUNCH: 12:00 NOON

Members: \$5.00

Non Members: \$7.00

TICKETS SOLD:

FIRST-COME, FIRST SERVED

NO REFUNDS, NO EXCHANGES










Frozen Meals When Available:

M, T, Th, F- 9:30-10:30 am, 1-2 pm

M, T, Th & F – 3/ \$5 m & 3/ \$6 n-m

**All Ages Welcome!**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast is served</b> <b>Monday - Friday</b> <b>8 - 9:30 am</b> <b>Call to confirm</b> 	<b>1</b> Chicken Makhini (Indian Butter Chicken), Basmati Rice, Roasted Eggplant, Salad, Naan & Dessert	<b>2</b> Clam Chowder, Flank Steak, Steamed Potatoes & Chives, Vegetables, Salad, Bread & Dessert	<b>3</b> <b>\$6 &amp; \$8</b> Sesame Crusted Salmon, Mashed Sweet Potatoes, Green Beans, Salad, Bread & Dessert	<b>4</b> Pork Chop, Macaroni & Cheese, Vegetables, Salad, Bread & Dessert
<b>7</b> Roasted Rosemary Tri-Tip, Mashed Potatoes, Collard Greens & Carrots, Salad, Bread & Dessert	<b>8</b> Lobster Bisque, Fish & Chips, Tartar Sauce, Vegetable, Salad, Bread & Dessert	<b>9</b> Jeff's Pork Stew with Rice, Roasted Bell Peppers, Salad, Bread & Dessert	<b>10</b> Chicken Katsu, Steamed Jasmine Rice, Macaroni Salad, Vegetable, Bread & Dessert	<b>11</b> <b>\$6 &amp; \$8</b> Pan Seared Trout, Linguine w/Tomato Caper Cream Sauce, Roasted Asparagus, Salad, Bread & Dessert
<b>14</b> Ham & Pea Soup, Bangers & Mash, Brussel Sprouts, Salad, Bread & Dessert	<b>15</b> Chicken Lasagna, Vegetable, Garlic Bread, Caesar Salad & Dessert	<b>16</b> Meatloaf, Mashed Potatoes, Gravy, Roasted Beets, Salad, Bread & Dessert	<b>17</b> Chicken Curry, Rice, Vegetables, Bread, Salad & Dessert	<b>18 Christmas Lunch \$6 &amp; \$8</b> NY Steak w/ Red Wine Sauce & Roux, Potato Gratin, Broccolini, Arugula Salad, Chocolate Almond Bread Pudding
<b>21 Santa Breakfast</b> French Toast, Scrambled Eggs, Bacon, Chicken Sausage, Hash Browns, Maple Syrup, Fruit <b>Served 9 - 11 am</b> <b>NO LUNCH TODAY</b> 	<b>22</b> Beef Stew, Steamed Rice, Salad, Bread & Dessert	<b>23</b> Chicken Tortilla Soup, Taco Salad & Dessert  <b>NO TO-GO'S TODAY!</b>	<b>Center Closed</b>  <i>'Twas the Night before Christmas ...</i>	<b>25</b> 
<b>28 Senior Center Closed (Holiday Closure)</b> 	<b>29 Senior Center Closed (Holiday Closure)</b> 	<b>30 Senior Center Closed (Holiday Closure)</b> 	<b>31 Senior Center Closed</b> 	<b>1 Senior Center Closed</b> 

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk.  
 Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.